

TIER THREE RULES @ SLT&SC

Please arrive on time for your booking, go directly to your court or the gym and then leave Club immediately afterwards

Scan the QR code with your NHS Covid-19 App on arrival at club. This will help the track and trace service to stop the spread of the virus

Always wear a face covering in Club building when accessing courts/gym

Maintain social distancing and sanitise your hands regularly

Tennis

Open for singles, doubles

Coaching/Organised Group Activity permitted with maximum group sizes

No mix ins

For more information [Coronavirus \(COVID-19\) - Latest advice | LTA](#)

Gym

Open with a maximum of 8 members plus one Personal Trainer at a time in gym

Outdoor group classes only (maximum of 15 per class) on centre court – weather permitting. Indoor group exercise is not permitted under Tier 3 restrictions

Squash and racketball

Solo practice and same household play (including support bubble) match play allowed

For more information www.englandsquash.com/back-to-squash/guidance

Reception, clubroom, bar, sauna, therapy room are closed

NO SOCIALISING BEFORE OR AFTER ACTIVITY!!!!

Contact club via email info@stourbridge-tennis-squash.co.uk and we will get back to you!

If your door entry fob is not working, please place fob in envelope provided on reception including your name and contact details and place in post box under mycourts screen

For sports equipment visit County Sports, 90a Worcester Road, Hagley – 01562 885475

Please always adhere to government guidelines www.gov.uk/coronavirus

If you have any coronavirus symptoms:

a high temperature

a new, continuous cough

a loss of, or change to, your sense of smell or taste

[Get a test](#) and stay at home

We will keep you updated of any further announcements and changes to the above.

Arrive, enjoy your activity and please leave promptly, thank you for staying safe!

SLT&SC Board