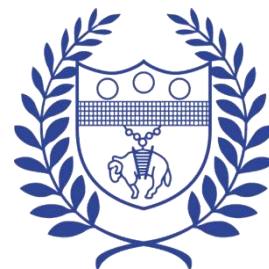


Gym Class Timetable.



Monday -	9:30am until 10:30am - Outdoor gym class with Jon on the practice wall - all welcome! 18:15pm until 19:15pm - Group circuits with Lucy in the gym - gym members only
Tuesday -	9:30am until 10:30am - Outdoor gym class with Jane on the practice wall - all welcome!
Wednesday -	9:30am until 10:30am - Group circuits with Jon in the gym - gym members only 18:15pm until 19:15pm - Group circuits with Jon in the gym - gym members only
Thursday -	9:30am until 10:30am - Outdoor gym class with Jane on the practice wall - all welcome! 10am until 11am – Yoga on Squash court 6. Extra cost for this class, please speak to Emma for more information - Mobile - 07973 376267. 18:15pm until 19:15pm - Group circuits with Lucy in the gym - gym members only
Friday -	10am until 11am – Pilates on squash court 6. Extra cost for this class, please speak to Sarah Poole for more information - Mobile - 07490 490229
Saturday -	9:30am until 10:30am - Outdoor gym class with Jon on the practice wall - all welcome!